

ROSE GARDEN
FALL 2011

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ISSUE 3

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Suggestions, ideas, and comments can be sent to the editor's attention. Rose Garden is published for the Rose of Durham four times a year. Contents may not be reprinted without permission: please direct requests to the editor.



Vision

A community that accepts, encourages, and empowers young parents.

Mission

To work with young parents in Durham Region by providing supportive programming so they may build a better future for themselves and their children.

Hope, Promise and New Life for Young Parents

Well it appears that summer has left, the leaves have begun to change, the days and nights have become cooler, and the stores are filled with back to school supplies and spooky goodies to celebrate Halloween.

Summer, as always, was a busy time at Rose of Durham. Through funding provided by HRSDC, we welcomed two students to our staff.

Kiah Longo was hired as our Resource Development Coordinator, the position responsible for obtaining all the goodies that fill the baskets at our Victorian Tea. Kiah took a unique approach to this years job and successfully targeted items for specific baskets. Those of you who are planning to attend will be pleased as always!

This position takes a special personality to be successful as there is much more rejection than success. Kiah kept a smile on her face regardless of the answer and built positive relationships even with companies who said no.

Lauren Reeves was hired as our Summer Program Coordinator. She kept the clients busy with themed programs, special presentations, swimming, picnics, and trips to the park.

In addition, our clients enjoyed special trips to Cobourg Beach, Science Centre, Peterborough Zoo, and an end of summer celebration at Lake Vista Park.

Lauren was with us before the summer as a student placement and had actively been running and planning two of our social programs since January of 2011. She was such an asset in the office and had built such a positive rapport with the clients, we were all thrilled when she showed an interest in applying for the summer position.

With September well upon us, programming is back in full swing.

- ⇒ School has started and runs all day Monday and Wednesday.
- ⇒ Our first FAMILY DAY of the fall will be on Saturday, October 15th.
- ⇒ The fall 'What a Difference a Dad Makes' session began September 13th.
- ⇒ Mommy and Me continues to run every Tuesday afternoon.
- ⇒ Life Skills runs Thursday afternoon.
- ⇒ Cooking classes run Friday afternoon.

In June of 2011 Rose of Durham counselors completed training in Infant Mental Health, and as a result we are making strategic changes to our programs which will result in more therapeutic and attachment based programming. We hope to launch our new program line up in January of 2012, so keep an eye on future newsletters for an update.

As always, for more information on programs, services, etc. Visit our website.

www.roseofdurham.com

WE NEED YOU

Rose of Durham does not have a full kitchen within its facility, yet we provide a healthy lunch every Monday and Tuesday to the girls in the school program. If you or your group are interested in preparing and delivering warm wholesome meals for our school program, we will purchase the food. Please contact me at (905) 432-3622 Ext. 228 to inquire about available dates or to obtain more information.

Janet Chappelle, CAE
Executive Director

OUR PROGRAMS

INDIVIDUAL
COUNSELLING

PARENTING
GROUPS

- MAKE THE CONNECTION
- BAC 2 BASICS
- NOBODY'S PERFECT
- WHAT A DIFFERENCE A DAD MAKES

PRENATAL
CLASSES

TEEN MOM
SCHOOL
PROGRAM

BREAKFAST
PROGRAM

LIFE SKILLS

COOKING CLUB

FAMILY TIME

MOMMY AND
ME

SPECIAL EVENTS
AND WORKSHOPS

- WOMEN'S HEALTH DAY
- CHRISTMAS PARTY
- INCOME TAX CLINICS
- CPR TRAINING
- ETC



DONOR SPOTLIGHT

"No act of kindness, no matter how small, is ever wasted ~ Aesop

A very special thank you to Durham Region Children's Aid Society for the continued funding for programs such as BAC 2 Basics and What a Difference a Dad Makes.



Thank you to the Shandex Group for their donation of \$3000

St. Francis of Assisi Council 11268 \$175, St. Jude's Council 6052 \$250, St. Leo's Council 11528 \$587.45, Father Penny Legion Council 8309 \$500, Council 11098 \$500, St. John Council 4895 \$300, Father Leo J. Austin Council 2287 \$500, Conseil Notre Dame 8549 \$100,

We would also like to thank Harry and Susan Shearer, Jeff Brown, Barnes Memorial Funeral Home, Ryan and Linda Harlock, The Fanciulli and Turner Family, St. Gregory the Great Roman Catholic Church, Jack and Marie Mercer, The Embassy of the Kingdom of God, CAW Auxiliary #27, Joan Blair, Durham Celtic Sports and Cultural Club, Donald A. Wilson Secondary School, Laureate Beta Psi, St. Catherine of Siena C.S., Boston Pizza Whitby North, Botson Pizza Bowmanville, Archbishop Denis O'Connor Catholic High School, The F.K. Morrow Foundation, St. Mary Catholic Secondary School, Richard and Josephine Laplante, The Rotary Club of Whitby, and Joann Thow for their generous donations.

As always, thanks to the many friends, individuals, faith groups, and colleagues who continue to support the work we do with young families and their children!

Support a local business and the Rose of Durham



Ramzi Henn and Michael El Hinn the proud owners of Rosswell Convenience located at 15 Rosswell Drive in Courtice Ontario care about the community in which they conduct business.

Since their grand opening in July they have been actively selling Nevada break open tickets to benefit the programs and services of Rose of Durham.

Stop by the store and show your support for the Rose and these community minded business owners!

If you, a friend or family member has a store in Durham Region and is interested in selling Nevada tickets on behalf of the Rose, please contact us.

“Growing the Rose” 2011 Campaign

For most of us, parenthood is a joyous and readily accepted challenge in our lives; however, imagine:

A 17 year old girl who is one year away from graduation and realizes she is pregnant. What does she do? How does she tell her family? The baby’s father? Her friends? How will she finish high school? And biggest of all, then what?

This is where Rose of Durham Helps.

Our agency serving the needs of young parents both pre and post natal commences with identifying their needs.

Our agency’s professional counsellors, using a holistic approach and in partnership with the clients, develop plans around

the baby’s birth, housing needs, nutrition, education, and parenting support.

The counsellors also utilize a variety of other support mechanisms and resources offered by our community partners.

The Rose of Durham provides support and resources in a non-judgemental and supportive environment.

Our services enable young parents to develop effective parenting skills, learn about making healthy life style choices, upgrade their education, and meet and socialize with other young parents.

Without these services, many young parents would face parenthood either alone or with-

out the much needed supports in place to accept and work through the challenges that parenthood can present.

Please consider young parents and their babies this year, as your dollars are crucial to the future of our programs and services.

Your generosity will enable us to continue offering our parenting education programs. Young parents have the ability to be good parents. They just need to be encouraged, empowered, and accepted by the community.

Simply complete and return the form below, or call the office to hear about other ways you can help.

Janet Chappelle, CAE
Executive Director



NAME _____

ADDRESS _____

CITY _____ PROV _____ POSTAL CODE _____

PHONE _____ EMAIL _____

AMOUNT _____

**DONATE
ONLINE AT:**

canadahelps.org

Receipts will be issued for donations of \$10.00 or more, please send donations to:
200 Bond Street West, Oshawa Ontario, L1J 2L7 Charity No. 133723759RR0001



Save a tree
... sign up
for our
e-newsletter

Help reduce our printing and postage costs by opting for our e-newsletter. Please send an email message to:

Jchappelle@
roseofdurham.com

Please put e-newsletter in your subject line.

pdf version still available on our website.

FILL YOUR TUMMY AND RAISE SOME MONEY!



WHERE: Boston Pizza
(Bowmanville)

WHEN:
Wednesday, October 5, 2011

TIME: 5:00 pm – 8:00 pm

10% of total sales get donated back to Rose of Durham. Our last event in July raised \$270.

If you can't make it out on October 5th, eat at this Boston Pizza anytime, write Rose of Durham on the back of your receipt and put it in the box they have on site (just ask your server) and 10% still gets donated back to Rose of Durham



18th Annual Victorian Tea

On Tuesday, November 15, 2011 we will gather for the 18th annual Victorian Tea.

Please call the Rose of Durham to pre-order your tickets. Tickets can be picked up and paid for from the office after October 11, 2011.

Ticket prices are \$20.00 per ticket. Method of payment is Cash or Cheque only.

The event will be held at LVIV Hall, located at 38 LVIV Boulevard, Oshawa. Doors will open at 6:30 and the evening will begin promptly at 7:00 PM.

Last year's tea raised just over \$23,000 and I think we all agree, this event keeps getting better and better every year. I wonder what new baskets will be unveiled this year, and which old favorites will return.

If you are interested in:

- Donating an item for one of the baskets;
- Attending the event;
- Sponsoring a table;
- Joining the committee;
- Donating premade sandwiches for event; or
- Donating baked good for the event.

New This Year

**50/50 Draw – Tickets 3 for \$5
Epicure Selections Top 3 Dips
for \$20, \$5 donated back to the
Rose**

Please contact Janet Chappelle at (905) 432-3622. Ext. 228 or email jchappelle@roseofdurham.com

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Rose of Durham

YOUNG PARENTS SUPPORT SERVICES